

# TOP SECRET

## SWAT Fuel

### Guidelines for PERFORMANCE

#### 9mm+P Military Grade Endurance Formula

- A 3 in 1 combination supplement designed to be used as an endurance booster, pre-workout, and fat burner; it's highly effective for all these objectives through its enhanced emphasis on improved performance
- With Bitter Orange Extract (natural synephrine), it is unparalleled in its capacity to support energy, stamina, fitness, training, operations or simply to stay awake
- Gives you up to 8 hours of steady energy without jitters or a crash
- A trusted endurance performance supplement; it's the ONLY endurance supplement reviewed and recommended by The American Board of Tactical Medicine
- Designed with the warrior inside of you in mind; it's gluten free, cyanide free, dairy free, egg free, soy free and gimmick free

#### Suggested Use:

- 9mm+P is not a "one dose fits all" formula. It's scientifically designed to be used in "weight dependent" doses 20-30 min prior to activity (Dosing: Up to 120 lbs.-take one capsule, 121-240 lbs.-take 2 capsules, over 240 lbs.-take 3 capsules, over 400 lbs., please consult your physician before using this product or performing any exercise program).
- We recommend combining 9mm+P with:
  - a balanced diet with adequate protein and nutrient-dense/high fiber carbs and a 7pm calorie curfew to increase lean body mass
  - our 40 Cal multivitamin
  - an exercise program 3-5 times per week with 2 days rest
  - 44 Magnum protein powder shake 20-30 min post work-out (or can be used as a meal replacement)
  - ample hydration