

SWAT Fuel

Guidelines for WEIGHT LOSS

9mm Fat Burn Formula

- A 3 in 1 formula designed to maximize thermogenesis
- Uses a synergistic blend of herbs and nutrients, including Green Tea Extract, to promote fat release from cells, fat burning, and appetite control
- Gives you up to 8 hours of steady energy without jitters or a crash
- A trusted supplement; it's the ONLY fat burning supplement reviewed and recommended by The American Board of Tactical Medicine
- Designed with the warrior inside of you in mind; it's gluten free, cyanide free, dairy free, egg free, soy free and gimmick free

Suggested Use:

- 9mm is not a "one dose fits all" formula. It's scientifically designed to be used in "weight dependent" doses 20-30 min prior to activity (Dosing: Up to 120 lbs.-take one capsule, 121-240 lbs.-take 2 capsules, over 240 lbs.-take 3 capsules, over 400 lbs., please consult your physician before using this product or performing any exercise program).
- We recommend combining 9mm with:
 - a low-carb, ketogenic diet (eg. Bulletproof, Atkins) and a 7pm calorie curfew to maximize unwanted fat loss
 - our 40 Cal multivitamin
 - an exercise program 3-5 times per week with 2 days rest
 - 44 Magnum protein powder shake 20-30 min post work-out (or can be used as a meal replacement)
 - ample hydration